Dementia Friendly Alton
Shining a light on Dementia

Do You Have These In Place?

Power of Attorney

Make, register or end a lasting power of attorney: Overview - GOV.UK

- Power of Attorney for Finance
- Power of Attorney for Health and Welfare

You can write your own online Make a lasting power of attorney - GOV.UK or have a solicitor do it for you. Currently it costs £92 to register.

Attendance Allowance

https://www.gov.uk/attendance-allowance

Attendance Allowance helps with extra costs for people who have a disability severe enough that they need someone to help look after them, such as prompting medication or support with personal care.

If you need help with applying, you can contact,
Age Concern Hampshire 01962 868545 Information Service - Age Concern Hampshire
Citizen's Advice Bureau East Hants 0808 278 7901 Citizens Advice East Hampshire - Alton - Citizens Advice

Council Tax Disregard

A person diagnosed with dementia is disregarded from paying council tax, if you have 2 adults in your home this provides a 25% discount. Complete the form here Microsoft Word - smi form.doc which needs to be signed by the person with dementia's GP and then returned to the council or phone on East Hants District Council, Council Tax 01730 234400

Carer Support and Emergency Planning

The Princess Royal Trust for Carers in Hampshire will create an Emergency Plan with you. Up to 48 hours care may be available for the cared for in the event of an emergency befalling the carer. This cannot cover planned events, pre-planned operations or a pre-arranged admission. Emergency planning - The Princess Royal Trust for Carers in Hampshire 01264 311680

Carer Registration with GP

This allows the surgery to consider your caring role in relation to your health needs and ensure you have the correct information on services and support available to you.

Request a Carer Registration form from your GP or if you belong to
The Wilson Practice, Register as a Carer Form - The Wilson Practice
Chawton Park Surgery, Register as a Carer Form - Chawton Park Surgery

or Boundaries Surgery, Register as a Carer Form - Boundaries Surgery you are able to complete one online.

Carers Assessment

Carer's are entitled to a Carers Assessment from Hampshire Adult Health and Social Care Support for carers | Health and social care | Hampshire County Council
Through this you are able to access Take a Break, if you care for someone who cannot be left alone they will provide a carer for 2 to 3 hours a week to provide you respite.

Blue Lamp Trust

This charity supports vulnerable and elderly people to be safe in their homes and online. They provide a free home visit to advise on fire and home security and can fit smoke alarms, carbon monoxide detectors, door chains, spy holes, door and window locks and other approved safety equipment. For £65 they can fit a police approved key safe and for £115 a Ring Battery Video Doorbell. Safe Home | Free Home Safety Visits for Older and Vulnerable People – Blue Lamp Trust Hampshire and Isle of Wight phone: 0300 777 0157

This is me

'This is me' is a simple leaflet which can be used to record details about a person who can't easily share information about themselves. Keep a copy so you do not give the original away. Download and print or order free from the Alzheimer's Society
https://www.alzheimers.org.uk/get-support/publications-factsheets/this-is-me

Message in a bottle

The Lions, Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location – the fridge. You can pick one up in the Assembly Rooms, Community Centre, Surgery or Pharmacy.

Herbert Protocol

This is invaluable for someone who may become lost or disorientated and separated from their carer. Hampshire Search and Rescue (HANTSAR) in partnership with Hampshire Constabulary and the Alzheimer's society developed this form to assist in finding someone who has gone missing. https://hantsar.org/herbert-protocol/ Complete the form and keep it safe with an up to date photo of the person.

Sunflower Lanyard

The Hidden Disabilities Sunflower lanyard scheme is a discreet sign that somebody has a hidden disability and requires additional assistance. Airports, shops, hotels and many community buildings are trained to recognise them and be aware extra support may be required.They can sometimes be obtained free or purchased from here. Hidden Disabilities Sunflower

Radar key

RADAR keys can enable someone who may need support from a carer to access a disabled toilet. Especially helpful if you are of different sexes or may not find your way out easily.

They can be purchased from many places, for example RADAR Disabled Toilet Key | AgeUKIncontinence.co.uk

Telephone Preference Service

The Telephone Preference Service (TPS) is a free service opting you out of receiving unsolicited sales or marketing calls. Telephone Preference Service

Mail Preference Service

The Mail Preference Service is a free service which reduces the amount of unsolicited marketing mail you can join here. https://www.mpsonline.org.uk/consumer/what_is_mps

Priority Registration Service

The Priority Register is a free service from utility, water and telecom companies providing extra support and advice to households with vulnerable members especially in the case of a service failure or power cut. You do need to contact each of your suppliers and inform them of your situation and they will make a note so in case of a failure your service is maintained or support is provided to ensure that you are safe e.g. bottled water, generator, priority reconnection etc. They may also be able to tell you about discounts available for example if there is an incontinence difficulty leading to excessive amounts of washing a cap may be placed on your bill.

Books On Prescription

Hampshire Library Service have a wide selection of books about dementia written by medical experts, carers and people with dementia. They can also provide a wide range of reminiscence materials including books, puzzles, scents, hampers and music. You can order these from your local library without any fees.

Playlist For Life

Playlist for Life is a charity which was created to help people develop playlists for their loved ones. Their website has a wealth of information and some excellent resources to help you achieve this; https://www.playlistforlife.org.uk/get-started/